



Cedar Park Surgeons uses Follow My Health patient portal to communicate and stay in contact with our patients. This easy-to-use, secure portal will allow you to directly ask the medical assistants/nurses questions, gain access to lab results, as well as other test results, and keep up with vital healthcare information. **We will no longer be using email to communicate or pass along information, as we cannot guarantee this method is secure.**

We are asking all our patients to create an account and request connection to our practice. You may click on the link provided or use the QR code and follow the instruction below.



1. Simply click the QR Code with your smart phone or click [here](#) to begin.
2. Click on "I need to sign up"
3. Complete the online form & click "Confirm & Continue"
4. Read through Terms of Use, scroll to the bottom and click "I Accept"
5. Create login/password information & click "Confirm & Continue"
6. Sign into Follow My Health (you may need to download the App)
7. From the list, click on "You have not connected to any providers"
8. Enter our Zip Code: 78613 & click search, pick Cedar Park Surgeons & click "Yes, request connection"
9. Click "I accept"
10. Once we receive & accept your request, you will receive an email.

As always, if you have any questions, please do not hesitate to contact our office at (512) 260-3444 we are happy to help! We are thrilled to bring this more convenient and secure option to our patients!